



Client journal

Fill in the client journal and the upper part of the aftercare instructions. Tear off the aftercare instructions and give to the client. The client agrees to the terms and conditions by signing this client journal, which is then filed away.

NOSE PIERCING CARRIED OUT:

DATE _____ BY _____

STER LOT _____ ART NO/REF _____

I have received written aftercare instructions and hereby accept the terms and that my personal data will be saved for a maximum of 1 year for product traceability.

CLIENTS/GUARDIAN'S SIGNATURE _____

CLARIFICATION OF SIGNATURE _____

E-MAIL _____

MOBILE _____



7 330981 340462

ART NO: 301-0206 REV 14 (2021:2)

Aftercare instructions

DATE WHEN THE PIERCING WAS DONE _____

TIME AND PLACE FOR NEXT VISIT _____

TERMS AND CONDITIONS:

- I am of legal age. Parental/guardian consent is required if client is under legal age.
- I am/minor is in good health and do not have any ailments which makes it recommendable to refrain from nose piercing.
- Blomdahl's piercing jewellery is developed in consultation with skin specialists to be suitable for everybody, even those who already have nickel allergy. The nose piercing jewellery are made of carefully selected titanium of pure medical quality. The plating is applied only to the parts of the jewellery that do not come into direct contact with your skin. Nose piercing jewellery are moreover designed for optimal healing.
- Blomdahl's medical piercing is designed according to what is known as "modern aseptic technique" within the health care industry. This means that our products and methods are safely designed in order to avoid the spreading of infections when piercing. However I am aware that, after the piercing, the hole is my own/guardian's responsibility. A new piercing is the same as a small wound. Therefore it is important to take care of it correctly during the healing period, so it does not get infected. By following the aftercare instructions I minimize the risk of infection.



BLOMDAHL

www.blomdahl.com

AFTERCARE INSTRUCTIONS – IMPORTANT INFORMATION

1. Never touch the nose piercing jewellery with unclean hands. Do not pick your nose.
2. Wash your new nose piercing on the outside of the nose twice a day. Do not remove the jewellery when cleansing.
 - When showering/washing your hair, use liquid soap and rinse thoroughly with clean running water. Dry with a Kleenex or Q-tip.
 - Supplementary cleansing is done with Blomdahl Piercing Aftercare* cleansing swabs, which are gentle on the skin. The swabs make it possible to clean between the jewellery and the skin on the outside of your nose. Allow to air dry. Use a new cleansing swab each time.
3. Make sure that the area around your newly pierced nose is kept clean, dry and airy at all times.
4. Cover your nose when applying make up, spray perfume, etc.
5. The nose piercing jewellery has no butterfly inside the nose, only an olive shaped tip which gives it a certain amount of protection against sliding out of the newly pierced nose during the healing period. Depending on how swollen your nose becomes on the inside, the nose piercing jewellery may want to slide out. If this happens press the jewellery back into place with a clean finger. Take extra care when putting on/pulling off clothing over your head, when you wash and dry your face, and when you blow your nose. When sleeping we recommend that you have a plaster over the jewellery as a form of protection.
6. You have a sharp point inside your nose – refrain from activities that could cause damage to your nose.
7. Bathing in a swimming pool, lake or sea: wait for as long as possible after the piercing and avoid keeping your head under water. When you come out of the water: cleanse with liquid soap or with Blomdahl Piercing Aftercare cleansing swabs – see point 2 above.
8. **After about 4 weeks you can change to a new nose jewellery.** Wash your hands and the outside of your nose thoroughly. Carefully remove the nose piercing jewellery and put in a new, clean nose jewellery.
9. It takes up to a year before the hole is completely healed. Hence consider the following:
 - Always wear a nose jewellery. If you go without, the hole can shrink and/or close completely.
 - Take extra care when changing nose jewellery. The skin that has grown within the hole is thin and fragile and can easily tear, which may cause an infection. Therefore, always make sure to wash your jewellery and your hands before the change, and make sure that the area around the hole is kept clean, dry and airy.
 - The risk for developing a contact allergy is at its greatest during the first year. This is why it is extra important to wear safe nose jewellery during this time. We recommend skin friendly jewellery from Blomdahl – see back of the aftercare instructions.



*Purchase from your nose piercing practitioner or from the website.

For more questions and answers (FAQ) visit www.blomdahl.com

IMPORTANT! Redness and/or swelling and/or pain and/or rashes are indicative of a possible infection. Remove the jewellery, cleanse and seek immediate medical attention.

